



# PENSION TIPS & TOOLS

**YOUR PENSION IS IMPORTANT! HERE ARE SOME TIPS TO MAKE SURE YOU'RE READY FOR RETIREMENT, NO MATTER WHICH PENSION PLAN YOU PARTICIPATE IN.**

**DO**

- Check your paystub regularly.
- Keep your contact information up to date in Your Pension Profile online.
- Log in to Your Pension Profile annually to check your pension estimate.
- Ask questions! AUPE and your pension plan are here to help.
- Register for and attend informational pension webinars that are relevant to your life and circumstances.

**DON'T**

- Assume your pension will be enough for your retirement without checking.
- Wait until you're close to retirement to start learning.

## HAVE MORE QUESTIONS?

Call the AUPE Member Resource Centre at 1-800-232-7284 and ask to speak to your Pension Union Representative. Their operating hours are 8:30 a.m.–4:30 p.m., Monday–Friday. Or visit:



**LAPP.CA**



**PSPP.CA**



**AUPE PENSION  
COMMITTEE**

The Government of Canada's Public Pensions webpage at [canada.ca](https://canada.ca)

The Government of Alberta's Seniors Benefits webpage at [alberta.ca/alberta-seniors-benefit](https://alberta.ca/alberta-seniors-benefit)